

TUESDAYS AT 7:00-8:00 PM

Improv-ing Social Skills

Developing Social Skills Through Improv & Sketch Comedy

Does your teen struggle with social skills? Do they have a hard time identifying social cues and responding appropriately? Would they benefit from being able to think on their feet?



In our group, youth will improve their social skills by utilizing sketch comedy and improvisation acting games. They will strengthen their understanding of common social skills such as:

- ❖ Listening
- ❖ Effective Communication
- ❖ Following Directions
- ❖ Working Collaboratively with Others
- ❖ Identifying Social Cues
- ❖ Mirroring the Actions/Emotions of Others
- ❖ Adapting to New or Unique Situations
- ❖ Increasing Self-Confidence

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