

Socializing on the Spectrum: Social Skills for Young Adults

*Would you like help connecting with family members
or making new friends?*



Many individuals on the autism spectrum may struggle with establishing or maintaining friendships. Often, this can feel overwhelming during the transition into adulthood between the ages of 18-24 years old, when there is more expectation for social independence. Our in-person group offers you the opportunity to...

- ❖ **Identify and navigate the social demands of adulthood**
- ❖ **Understand social expectations between work, home, or school**
- ❖ **Learn strategies for branching out socially and making new friends**

For information, contact *Susan Myket, Ph.D. & Associates*
(630) 355-9002 ext. 1 or **www.myketandassociates.com**
1415 Bond St. Suite 127 Naperville, IL 60563