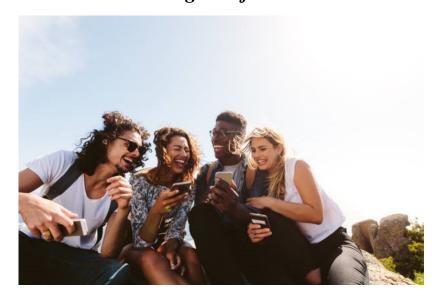
## Socializing on the Spectrum: Social Skills for Young Adults

Would you like help connecting with family members or making new friends?



Many individuals on the autism spectrum may struggle with establishing or maintaining friendships. Often, this can feel overwhelming during the transition into adulthood between the ages of 18-24 years old, when there is more expectation for social independence. Our inperson group offers you the opportunity to...

- **❖** Identify and navigate the social demands of adulthood
- Understand social expectations between work, home, or school
- **❖** Learn strategies for branching out socially and making new friends

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