

Tweens & Teens Social Skills Groups

We welcome students with Autism Spectrum Disorders (ASD) and related social concerns to join our structured and interactive social skills groups!

Each group session focuses on learning about a specific topic & practicing those skills through role plays, video modeling, cooperative teamwork, & other interactive activities.



- ❖ Starting Conversations
- ❖ Reading Social & Non-verbal Cues
- ❖ Developing & Maintaining Friendships
- ❖ Emotional Awareness & Regulation
- ❖ Recognizing Feelings in Others
- ❖ Dealing with Peer Pressure
- ❖ Flexible Thinking

Telepsychology intake appointment required to determine the specific therapy needs of each client. Individual goals are established for each child with parent input on group topics and personal goals.

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